

**Before using your mask please familiarise yourself with the World Health Organisation's latest advice on the use of masks.**

**Please refer to Page 3** of their document for advice on mask management of any type of mask, including this one.

**This mask is intended for single use only.** Wash it thoroughly in hot soapy water before re-using.

**This is not a medical grade mask.** However, I hope it provides you with some protection whilst you are away from home helping others. Thank you for all that you're doing, it's very much appreciated.

💙 **Big love and stay safe!** 💙



## **Fabric Mask Instructions**

**Step 1** - Print off and carefully cut out all templates.

**Step 2** - Pin template A to two layers of fabric. Cut around the template with an approximate allowance of 5-10mm. Remove template, pin fabric together and place to one side. (Optional) To provide an extra layer of protection and structure to your mask, add one layer of interfacing for each layer of fabric and cut to the same size using the template.

**Step 3** - Pin template B to four layers of filter fabric. Cut around the template with an approximate allowance of 5-10mm. Remove template, pin fabric together and place to one side.

**Step 4** - Cut two pieces of fabric that are roughly double the size of template C. Fold each piece in half and pin template C to both pieces of fabric (the straight edge to the fold line). Cut around the template with an approximate allowance of 5-10mm. Remove template, pin fabric together and place to one side.

**Step 5** - Cut two pieces of fabric that are roughly double the size of template D. Fold each piece in half and pin template D to both pieces of fabric. The straight edge should run parallel to the fold lines with a gap of approximately 10-15mm. Cut around the template with an approximate allowance of 5-10mm. Remove template, pin fabric together and place to one side.

**Step 6** - Cut a 30cm length of elastic and place to one side.

**Step 7** - Cut two 30cm lengths of ties and place to one side.

**Step 8** (optional) - Cut a piece of jewellery or florists wire approximately 10.5cm in length. Round the ends with round nosed pliers. Select an appropriate, strong fabric to attach the wire to. Cut out enough fabric to be able to double it over. Attach the wire to your strong fabric by using a zigzag stitch. Once attached, fold over fabric and stitch together using a straight stitch. Trim any excess material and place to one side.

**Step 9** - \*Stitch fabric A together using a straight stitch. Stitch approximately 7-10mm away from the edge along the curve. Using scissors, cut notches along the stitched edge approx 15mm apart. Fold these edges down and turn fabric over. Stitch down each side of the original seam to secure the folded notches in place. Place the front of mask to one side.

\*If you have chosen to add the additional layers of interfacing, ensure the interfacing sandwiches the fabric on the outside before sewing together eg. one layer of interfacing - two layers of fabric - one layer of interfacing.

**Step 10** - Stitch filter fabric B together using a straight stitch. Stitch approximately 7-10mm away from the edge along the curve. Using scissors, cut notches along the stitched edge approx 15mm apart. Fold these edges down and turn fabric over. Stitch down each side of the original seam to secure the folded notches in place. Place the filter to one side.

**Step 11** - Stitch fabric C together using a straight stitch. Stitch approximately 7-10mm away from the edge along the curve. Using scissors, cut notches along the stitched edge approx 15mm apart. Fold these edges down and turn fabric over. Stitch down each side of the original seam to secure the folded notches in place. Place filter pouch no.1 to one side.

**Step 12** - Stitch fabric D together using a straight stitch. Stitch approximately 7-10mm away from the edge along the curve. Using scissors, cut notches along the stitched edge approx 15mm apart. Fold these edges down and turn fabric over. Stitch down each side of the original seam to secure the folded notches in place. Place filter pouch no.2 to one side.

**Step 13** (optional) - Attach the nose bridge to reverse side of fabric A (the front of mask). Pin in place approx 10-15mm away from the top edge of mask and secure in place using a straight stitch.

**Step 14** - Attach the elastic to front side of fabric A (the front of mask). Secure in place approximately 10-15mm from the top edge of mask using a straight stitch. Repeat on the other side.

**Step 15** - Attach the two ties to front side of fabric A (the front of mask). Secure in place approximately 10-15mm from the bottom edge of mask using a straight stitch. Repeat on the other side.

**Step 16** - Select fabric C (filter pouch no.1). With the reverse side showing, pin filter pouch no.1 in position to fabric A (the front of mask).

**Step 17** - Select fabric D (filter pouch no.2). With the reverse side showing, pin filter pouch no.2 in position to fabric A (the front of mask).

**Step 18** - Attach the front of mask and filter pouches together. Use a straight stitch and sew around the shape of mask approximately 10mm from the edge.

**Step 19** - Using scissors, trim off the corners of mask at a 45 degree angle. Turn the stitched fabric inside out and insert filter (fabric B).

**Step 20** - Et voilà! Well done, you've just finished creating your fabric mask and are ready to share your skills with others. Adjust to fit and use your new mask safely by familiarising yourself with the World Health Organisation's latest advice on the use of masks:

[https://www.who.int/publications-detail/advice-on-the-use-of-masks-in-the-community-during-home-care-and-in-healthcare-settings-in-the-context-of-the-novel-coronavirus-\(2019-ncov\)-outbreak](https://www.who.int/publications-detail/advice-on-the-use-of-masks-in-the-community-during-home-care-and-in-healthcare-settings-in-the-context-of-the-novel-coronavirus-(2019-ncov)-outbreak)



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— SCOTTISH FINE ART & DESIGN —

